**Louisiana Commission on Addictive Disorders**

**March 2013 Minutes**

March 12, 2013

1:29 p.m.

**COMMISSION MEMBERS PRESENT:**

* Freddie Landry
* Kathleen Leary
* Tom Lief
* Damon Marcella
* Shelly Mockler
* Lloyd Hernandez
* Anthony Wick

**COMMISSION MEMBERS ABSENT:**

* Lana Bel**l**
* Jon Lance Nickelson

**OBH/ HQ STAFF ATTENDING:**

* Dr. Anthony Speier, OBH Assistant Secretary
* Kenneth Saucier, OBH Director of Field Services
* Dr. Rochelle Head-Dunham, OBH Medical Director
* Dr. Leslie Brougham-Freeman, Director of Prevention Services
* Cassandra Wilson, Director for Louisiana Spirit Program
* Carol Foret, DHH Program Specialist 1-A/DHH

**GUESTS IN ATTENDANCE:**

* Marolon Mangham, LASACT
* LaMiesa Bonton, LA-ARDA

**I. SERENITY PRAYER & ROLL CALL**

Freddie Landry called the meeting to order and Kathleen Leary led the Commission members in the Serenity Prayer. Carol Foret conducted roll call.

**II. PRESENTATION ON CULTURAL COMPETENCY FROM MAGELLAN – MR. ROBERT BLUE, AWARENESS AND DIVERSITY DIRECTOR**

The Commission members were provided a presentation on Cultural Competency. The following information was shared with the members of the Commission:

* In the transtheoretical model as of 1997, change is a “process involving progress through a series of six states.”
* Assessing Readiness - Stages of Change are:
* Precontemplation
* Contemplation
* Preparation
* Action
* Maintenance
* Termination

In addition, the researchers conceptualized “relapse” (recycling) which is not a stage in itself but rather the “return from action or maintenance to an earlier stage.”

* Beginning Steps to Cultural Competency:
* Openness to develop generous listening skills to obtain the benefits of understanding other points of view.
* Respect in allowing a person to express their views and feel safe and comfortable in doing so even if those views are not held by you.
* Truth Telling to the extent of which a person is willing and able to tell their truth.
* Participation of a person to be involved in problem solving regardless of age or academic level.
* Risk for both people to assess their fears and explore different and new ideas.
* Action in living these principles on a daily basis in all of your interactions with others.

Mr. Blue informed the members of the Commission, “Don’t ever believe that you can’t make a difference in how the world is. You can begin to change the Social Norm!”

* Hurricane Recovery

Cassandra Wilson, Disaster Behavioral Health Director, informed the Commission members of OBH’s roll in Hurricane Recovery and the assistance Robert Blue, Awareness and Diversity Director from Magellan of Louisiana, Inc. provided to OBH. The following information was provided to the Commission:

* The Crisis Counseling Program is a Disaster Relief Program funded by FEMA after Hurricane Isaac.
* Four million dollars was awarded for nine (9) months from February 24, 2013 thru November 30, 2013 for these services.
* Outreach and Disaster Relief Programs deployed Crisis Counseling Treatment (CCT) Teams in the areas that were most impacted by the hurricane. Robert Blue was instrumental in helping the CCT Teams outreach to people in the impacted areas. He provided training to the CCT Teams to sensitize them to the needs of the substance abuse population in those communities in order to offer services.
* Additional cultural competency training was provided to the CCT Teams by Robert Blue after the BP Oil Spill. Robert Blue visited the different fishing communities impacted by the oil spill to learn the culture of the different communities. Once Mr. Blue was able to identify the different cultures in those areas, he trained the CCT Teams on the needs of the population in the impacted communities visited.
* Mr. Blue enhances the CCT Teams’ ability to provide needed services in communities impacted by a disaster.

**III. Old BUSINESS**

**A. APPROVAL OF FEBRUARY 2013 MINUTES**

Committee members were provided a draft copy of the minutes for the February 2013 meeting of the Louisiana Commission on Addictive Disorders. Marolon Mangham offered one recommendation to correct the minutes. Ms. Landry called for a motion to approve the February 2013 minutes with the one correction. Dr. Tom Lief made a motion to approve the minutes. Dr. Tony Wick seconded the motion. All were in favor, and the motion to approve the February 2013 meeting minutes with the one correction passed.

**B. REPORT FROM THE OFFICE OF BEHAVIORAL HEALTH (OBH) – DR. ANTHONY SPEIER, OBH ASSISTANT SECRETARY AND DR. ROCHELLE DUNHAM, OBH MEDICAL DIRECTOR**

The Commission members were updated on OBH by Dr. Anthony Speier and Dr. Rochelle Dunham. The following information was shared with the Commission members:

* An advocacy group is requesting a Mental Health Bill of Rights, similar to the Office for Citizens with Developmental Disabilities’ Bill of Rights.

OBH recommended to look at the National Bill of Rights for Consumers for Mental Health Services and also to look at Magellan of Louisiana, Inc. Member Services’ Bill of Rights to reconcile the two documents. Dr. Speier will review the latest draft of the Mental Health Bill of Right with the Advocacy group today.

* Governor Jindal Announces Legislative Proposal to Eliminate Boards and Commissions:
* A copy of the press release was provided to the members of the Commission.
* There is a possibility that the Louisiana Commission on Addictive Disorders will be eliminated.
* As a result of the possible elimination of the Louisiana Commission on Addictive Disorders along with the merger of the Office of Mental Health and the Office for Addictive Disorders there is a threat the voice for addictive disorders could get lost.
* Both Dr. Speier and Dr. Dunham agreed they would not let the voice for addictive disorders disappear.
* A possible solution proposed by both Dr. Speier and Dr. Dunham was:

1. Form a standing committee of the Behavioral Health Advisory Council which would be OBH’s Addictive Disorders’ council.

2. Maintain the same membership as the Louisiana Commission on Addictive Disorders, and

3. Operate the proposed Standing Committee of the Behavioral Health Advisory Council the same as the Louisiana Commission on Addictive Disorders.

4. Provide Commission members with a list of the board members who would be on each of the Legal Governing Authority’s (LGE) Board who is the advocate for addictive disorders.

5. Inform the members of the Commission of the different standing committees where advisory assistance and advisory participation is critical to make sure that the substance abuse and addictive disorders needs are met.

You would have the same voice going through the Assistant Secretary’s Office as the Commission’s voice does now.

Beginning next fiscal year OBH will no longer be operating any of its community services. The community services will then be offered through the community districts. You can have all of the voice you want at the table and not impact local services. The important thing is to have a voice with OBH and to have a voice with the Local Governing Entities, formally OBH districts

* Sequestration Impact on the SAPT Block Grant Funds for Louisiana:
* Reduction to Louisiana’s SAPT Block Grant Funds;
* An estimate of about a five (5) percent reduction to both treatment and prevention services;
* Results in fewer people being able to be served;
* Dr. Dunham will forward the Commission members the Need Sequestration Impact Updates.

**C. ADRA/LASACT MONTHLY REPORT (OPTIONAL)**

* **ADRA Update**

LaMiesa Bonton reminded the Commission members of ARDA’s Open House scheduled for Saturday, March 16, 2013 between 8:30 a.m. to 11:30 a.m.

* **LASACT Update**

Marolon Mangham informed the Commission members that LASACT graduated 36 students Saturday, March 9, 2013.

**D. COMMISSION MEMBER REPORTS**

The following information was reported:

Kathleen Leary reported that she attended the Block Grant Public Forum held for the South Central Louisiana Human Service Authority (SCLHSA). The SCLHSA’s Regional Advisory Council (RAC) will provide Crisis Intervention Training to the Police and Sheriff Departments.

**E. 2012 GOVERNOR’S ANNUAL COMMISSION REPORT**

* Freddie Landry informed the Commission that the Governor’s Annual Report on the Louisiana Commission on Addictive Disorders will soon be due.
* Ms. Landry asked each of the Commission to read through and edit the Annual Governor’s Report on the Louisiana Commission on Addictive Disorders and forward her any comments and/or recommendations.
* Ms. Landry provided Carol Foret with last year’s report containing the information she would like the Office of Behavioral Health’s assistance obtaining the current information.

**F. OBH PUBLIC FORUMS**

* Members of the Commission were encouraged to attend the OBH Public Forums in their district or region.
* The Commission members reviewed the dates of the remaining OBH Public Forums.

**G. MAGELLAN PUBLIC FORUMS**

* Members of the Commission were encouraged to attend the Magellan Public Forum in their district or region.
* Members of the Commission reviewed the dates of the Magellan Public Forums.

**H. BEHAVIORAL HEALTH DAY – SATURDAY, MAY 16, 2013**

* Ms. Freddie Landry reminded the Commission members about Behavioral Health Day and encouraged everyone to attend.

**IV. NEW BUSINESS**

**A. MEDICAID EXPANSION PRESS CONFERENCE – AT THE CAPITAL ON WEDNESDAY, MARCH 13, 2013 AT 12:00 NOON**

* Ms. Freddie Landry reminded the Commission members about the Medicaid Expansion Press Conference – at the Capital on Wednesday, March 13, 2013 at 12:00 noon and encouraged everyone to attend.

**V. NEXT COMMISSION MEETING**

The next meeting of the Louisiana Commission on Addictive Disorders was discussed, and the date, time, and location were set. The next meeting will take place in Baton Rouge, at OBH Headquarters, from 1:00 p.m. to 3:00 p.m. on Tuesday, April 16, 2013.

**VI**. **ADJOURNMENT**

Freddie Landry called for a motion to adjourn the meeting. Dr. Tom Lief made the motion to adjourn, and Tony Wick seconded the motion. The meeting was adjourned at 3:45 p.m.